



Appendix 6: COVID-19 Severity Questionnaire

COVID-19 Severity

Check the box that best describes your experience when	you called or went to the hospital/clinic/your
doctor?	

□ I was told I had COVID-19 and I was sent/admitted to the hospital

□ I was told I had COVID-19 and I should self-isolate at home

□ I was told that I probably had COVID-19 over the phone and I should self-isolate

Number of days in hospital (not including intensive care)? _____

Number of days in Intensive Care?_____

Please select the severity level that <u>best matches</u> your COVID-19 symptoms according to what you recall from your hospital visit. The four main symptoms of COVID-19* are: fever (signs of fever), dry cough (new or getting worse), fatigue and sore muscles. More serious symptoms include: difficulty breathing and chest pain. Less common symptoms include headache, sore throat, dizziness, abdominal pain, diarrhoea, nausea, and vomiting.

☐ Mild: some of the 4 symptoms (no fever) that did not worsen. Approximate number of days?
Mild to Moderate: some of the 4 symptoms (low fever) that did not worsen, some shortness of breath that improved with treatment and did not return. Approximate number of days?
Moderate: most of the 4 symptoms, difficulty breathing, given oxygen through tubes in my nose or by oxygen mask (over nose and mouth), not put in intensive care
Moderate to Severe: most of the 4 symptoms, difficulty breathing, chest pain and possible pneumonia, put in an oxygen tent, not put in intensive care
Severe: the 4 symptoms, difficulty breathing, severe chest pain, pneumonia, put in an oxygen tent, put in intensive care
Critical: the 4 symptoms, difficulty breathing, severe chest pain, pneumonia with complications (e.g., heart problems), intubated (tube inserted down your throat to help you breathe)

* Harapan, H., Itoh, N., Yufika, A., Winardi, W., Keam, S., Te, H., Megawati, D., Hayati, Z., Wagner, A. L., & Mudatsir, M. (2020). Coronavirus disease 2019 (COVID-19): A literature review. *Journal of Infection and Public Health*, *13*(5), 667–673. https://doi.org/10.1016/j.jiph.2020.03.019

This study has received clearance from Dalhousie University Research Ethics Board (reference #2020-5185). Researcher contact information: Patricia Van Roon at (902) 494-5155, patricia.vanroon@dal.ca